CLIMB® – Children's Lives Include Moments of Bravery

A support programme dedicated to helping children cope with a parent's cancer diagnosis

Who is CLIMB for?

Children aged 5-12 years who are experiencing the impact of a parent's cancer diagnosis.

What is involved?

The CLIMB programme is carried out over six sessions by trained healthcare professionals.

The programme aims to strengthen children's ability to cope with the feelings associated with their parent's illness and it uses therapeutic art and play exercises to enable children to express their feelings.

The Children's Treehouse Foundation®
Inspiring emotional support for children of parents with cancer

The CLIMB (Children's Lives Include Moments of Bravery) programme was founded by The Children's Treehouse Foundation in 2001 in Colorado.

Benefits for Children

The CLIMB programme is designed for all children as a skill-building opportunity and helps children express the normal feelings of sadness, anxiety, and anger in a healthy way. It also aims to increase children's knowledge about cancer and helps with communication between the parents and children.

CLIMB offers children the chance to meet and share feelings with other children in similar situations, and learn that

"I'm not the only kid in school with a parent who has cancer".

"I made friends and I learned about cancer"
Child CLIMB participant

[The most useful part of CLIMB for my child was...]
"learning strategies regarding handling difficult emotions"
Parent of CLIMB participant

[The part of CLIMB my child enjoyed most...]
"Seeing other children who understood what they were going through, taking the fear out of getting cancer themselves"
Parent of CLIMB participant

Benefits for Parents

The CLIMB programme aims to provide parents with the peace of mind that the emotional needs of their children are being addressed during this challenging time in their lives.

The CLIMB programme provides parents with:

- Reassurance that their children are getting the support and help they need to cope with their feelings.
- Emotional support of other parents who are dealing with similar issues.

Programme Information

For more information contact:
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