



LUNG CANCER

WHAT YOU SHOULD KNOW

SIGNS & SYMPTOMS



HAVING A COUGH
FOR MORE THAN
THREE WEEKS



A CHANGE IN A
COUGH YOU HAVE
HAD FOR A LONG
TIME



COUGHING UP
PHLEGM (SPUTUM)
WITH BLOOD IN IT



BEING SHORT OF
BREATH



HAVING AN ACHE OR
PAIN IN THE CHEST
OR SHOULDER



UNEXPLAINED LOSS
OF APPETITE



UNEXPLAINED
WEIGHT LOSS



UNEXPLAINED
TIREDNESS (FATIGUE)



A CHEST INFECTIONS
THAT KEEPS
COMING BACK

RISK FACTORS



SMOKING IS THE PRINCIPAL CAUSE OF LUNG CANCER

ALTHOUGH PEOPLE WHO HAVE NEVER SMOKED CAN ALSO DEVELOP LUNG CANCER



INDOOR
POLLUTANTS E.G.
RADON, COAL
SMOKE



ASBESTOS AND OTHER
CARCINOGENS



AIR POLLUTION
(INCLUDING,
DIESEL
EXHAUSTS)



FAMILY OR
PERSONAL
HISTORY OF
LUNG CANCER



PREVIOUS
RADIOTHERAPY
SLIGHTLY INCREASES
YOUR RISK



AGE - 50 AND
OLDER



PREVIOUS
LUNG DISEASE
LIKE TB OR
COPD

WHAT TO DO IF YOU HAVE CONCERNS

IF YOU NOTICE ONE OR MORE OF THESE SIGNS THAT ARE NOT GOING AWAY, DON'T PANIC.
THESE SYMPTOMS CAN BE CAUSED BY OTHER MEDICAL CONDITIONS. HOWEVER, YOU SHOULD MAKE AN APPOINTMENT TO SEE YOUR GP.

FOR MORE INFORMATION ON LUNG CANCER AND SUPPORT SERVICES FOR THOSE DIAGNOSED VISIT WWW.MARIEKEATING.IE



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FOUNDATION